

**In the Abstract:**

Please replace the Abstract with the following abstract:

A removable dental appliance having a base adapted for locating inside of an arch of teeth of a wearer and an arch wire coupled to the base, wherein an outer surface of the base is contoured for contact with inner surfaces of the teeth, and wherein when in use the arch wire extends around an outer periphery of a set of the wearer's teeth such that no interconnection between the arch wire and the base exists intermediate the set of teeth. A removable dental appliance having a base adapted for locating inside of an arch of teeth of a wearer and an arch wire coupled to the base, wherein an outer surface of the base is contoured for contact with inner surfaces of a set of teeth on one side of the wearer's jaw, and wherein when in use the arch wire extends around an outer periphery of the set of teeth such that no interconnection between the arch wire and the base exists intermediate the set of teeth.